



Attleboro Gastroenterology, P.C.

Mark A. Robbin, M.D.  
David N. Schwartz, M.D., F.A.C.G.

Sonia H. Uchman, M.D.  
David A. Cohen, M.D.  
Amber J. Trudel, MSN, N.P.

**MOVI PREP / For Afternoon Colonoscopy**

**Purchase:** MOVI prep carton contains 4 pouches and a disposable container for mixing. You must complete the entire prep to ensure the most effective cleansing

**FIVE DAYS BEFORE:** Please **stop** aspirin, aspirin containing products, and anti-inflammatory meds (Ibuprofen, Motrin, Advil, Aleve, and Naprosyn). **You may take Tylenol.**

\*\*\*If you take Coumadin (Warfarin) stop this for **5 days** and Plavix for **3 days** unless otherwise instructed. You **MUST** notify the person that prescribed this drug of the date of your procedure for dose instructions after the procedure.

**THE DAY BEFORE:**

Have a light breakfast. You **must** remain on **\*CLEAR** liquids for the rest of the day.

**7 PM – Step 1** Empty 1 Pouch A and 1 Pouch B into the disposable container. Add lukewarm drinking water to the container. Mix to dissolve. (Solution may be premixed and refrigerated and must be used within 24 hours of mixing.

**Step 2-** The MoviPrep container is divided by 4 marks. Every 15 minutes drink the solution down to the next mark (8 oz) until liter is complete **and** then 16 oz of a clear liquid.

**7 AM – Repeat steps 1 & 2**

*Individual response to this laxative can vary anywhere from 15 minutes to 3 or more hours. We recommend that you stay **CLOSE** to the facilities!*

**IMPORTANT: DRINKING FLUIDS WILL IMPROVE YOUR INTESTINAL PREPARATION FOR THE TEST.** It Is Important To Take All Of The Tablets And All Of The Liquid.

**\*CLEAR LIQUIDS INCLUDE:** Strained fruit juices without pulp, white grape or cranberry juice, apple juice, lemonade, Gatorade, soft drinks, jello, popsicles and chicken or beef broth. **These liquids cannot be colored red or purple!** Consume 64 oz of sports drink during the day. You may have coffee or tea with sugar or sweetener. **NO** milk or cream.

**DAY OF PROCEDURE:**

**“NOTHING” TO EAT or DRINK for 6 hours before procedure**

\*\*\*\*\*You may take any blood pressure meds with water before 6AM in the morning.

**Report to Sturdy Hospital Emergency Room.** Your procedure time is approximate; please plan to be at the hospital approximately 2 - 3 hours.

You **MUST HAVE A RIDE HOME** from the hospital, this person must come inside to pick you up at the Endoscopy/ Day Surgery dept. You **WILL NOT BE ALLOWED TO DRIVE or RETURN TO WORK THAT DAY.** **This is not negotiable.** If you **must** take a taxi home **you are required** to be accompanied by a relative or friend. For your safety, please go home and rest.

Please bring a **current list of medications** that you are taking and bring inhalers if you use them. If you are **diabetic please check your glucose** the morning of the procedure

Special Instructions: \_\_\_\_\_  
Your test is scheduled for \_\_\_\_\_ at \_\_\_\_\_  
Arrive at the hospital at \_\_\_\_\_  
Please call the office with any questions (508) 222-2021