



Attleboro Gastroenterology, P.C.

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VISICOL TABLET Prep for **Afternoon Colonoscopy**

**Purchase:** Prescription 28 Visicol tablets and 4 Bisacodyl 5 mg (Dulcolax – generic)

**FIVE DAYS BEFORE:** Please **stop** aspirin, aspirin containing products, and anti-inflammatory meds (Ibuprofen, Motrin, Advil, Aleve, and Naprosyn). **You may take Tylenol.**

\*\*\*If you take Coumadin (Warfarin) stop this for **5 days** and Plavix for **3 days** unless otherwise instructed. You **MUST** notify the person that prescribed this drug of the date of your procedure for dose instructions after the procedure.

**THE DAY BEFORE:**

Please do not eat any solid foods. You **must** remain on \***CLEAR** liquids for the day.

**7PM** – Take the 1<sup>st</sup> dose of 4 VIS tablets with 8 oz of clear liquid. Take 4 VIS tablets with 8 oz of clear liquid every 15 minutes (7:15, 7:30, 7:45 and 8:00 pm) until you have taken all 20 tablets.

**Do not exceed 20 tablets.** Take the last dose with Ginger Ale

**7 AM** – Take 4 VIS tablets with 8 oz of fluid. At 7:15 take 4 VIS tablets and 4 Bisacodyl (Dulcolax) (total 20mg) tablets with ginger ale. Individual response to this laxative can vary anywhere from 15 minutes to 3 or more hours. We recommend that you stay **CLOSE** to the facilities!

**IMPORTANT: DRINKING FLUIDS WILL IMPROVE YOUR INTESTINAL PREPARATION FOR THE TEST.** It Is Important To Take All Of The Tablets And All Of The Liquid.

\***CLEAR LIQUIDS INCLUDE:** Strained fruit juices without pulp, white grape or cranberry juice, apple juice, lemonade, Gatorade, soft drinks, jello, popsicles and chicken or beef broth. **These liquids cannot be colored red or purple!** Consume 64 oz of sports drink during the day. You may have coffee or tea with sugar or sweetener. **NO** milk or cream.

**DAY OF PROCEDURE:**

**“NOTHING” TO EAT or DRINK for 6 hours before procedure**

\*\*\*\*You may take any blood pressure meds with water before 6AM in the morning.

**Report to Sturdy Hospital Emergency Room.** Your procedure time is approximate; please plan to be at the hospital approximately 2 - 3 hours.

You **MUST HAVE A RIDE HOME** from the hospital, this person must come inside to pick you up at the Endoscopy/ Day Surgery dept. You **WILL NOT BE ALLOWED TO DRIVE or RETURN TO WORK THAT DAY.** **This is not negotiable.** If you **must** take a taxi home **you are required** to be accompanied by a relative or friend. For your safety, please go home and rest.

Please bring a **current list of medications** that you are taking and bring inhalers if you use them. If you are **diabetic please check your glucose** the morning of the procedure

Special Instructions: \_\_\_\_\_

Your test is scheduled for \_\_\_\_\_ at \_\_\_\_\_

Arrive at the hospital at \_\_\_\_\_